



Family Christmas Party Highlights



Mari Memasak 10th Year Anniversary



SUBMISSIONS TO THE NEWSLETTER

We are always looking for stories/photos to share in the monthly newsletter! We would LOVE to hear from you!

Send your questions, comments or articles to: editor@msbca.ca before the 25th of the month for review and it could be shared with the community!

Note: The newsletter is a monthly publication to 400+ readers

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The President's Message



Dear members and supporters of MSBCA,

On behalf of the Board, I would like to wish you a very Happy New Year! Selamat Tahun

Baru. May the year 2019 bring us all peace, wonderful delights, and good health!

To finish 2018 with a bang, MSBCA's Christmas Party was a lot of fun! There were so many familiar families and new families I met and I wish to thank you all once again for celebrating the season with MSBCA. A great congratulations goes to our hostesses Helen, Agnes, Connie & her children, Rebecca, Adrine and all other helpers that night. Another party hosted by Mari Memasak – in honour of their 10th anniversary – was very festive too and led by Adeline, Lita, Irene, Lian, Peter who set up a very fun photobooth and all other

helpers. Across MSBCA, I hope all our activity groups may also enjoy longevity and vitality, whether it's our long-standing cultural dance groups or our recently developed arts & crafts group.

In 2019, the Board will host a potluck dinner with all our leads, coordinators and assistants. This gathering of our community's leaders will be a joyous one to usher in the new year. From my perspective, 2019 is a particularly an important year for 3 major highlights so far:

- Newly launched MSBCA official website
- Newly launched online membership system
- Our 30th anniversary

Emily and I are especially excited about the online membership system. This feature to MSBCA has been a long time coming and it has been something on the Board's wishlist for many, many years. To our new or returning members, it is a very easy

way to join MSBCA without having to fill a paper form, attaching cash or cheque, and tracking down a Board member to submit. And in the future, event registration and payment may also be handled electronically through our new website.

Please try the new website and membership system! I'm sure you'll enjoy it. Thank you to everyone for renewing your membership in 2019.

Our first major community event will be our Chinese New Year celebration on Saturday, February 9th at the Regency Palace Seafood Restaurant. The details will be forthcoming and we will be pleased to announce the pricing and menu soon. As it is a large event, we ask anyone interested in participating, performing, or helping to contact myself or Agnes as soon as possible. For parents and eligible students, please fill out and submit your scholastic award applications before the January 12th deadline.



#123, 233-16th Ave NW, Calgary | Phone: 403-984-EYE3 (3933)
Email: info@eyeclass.ca | Contact: Jing Jing Wang | www.eyeclass.ca

BENEFITS FOR MSBCA MEMBERS AND FAMILY OF MEMBERS.

Members will provide their name to Eye Class Optometry who will verify through the membership list provided in the most recent newsletter.

- 20% OFF Comprehensive vision & eye health examination which includes complimentary photos of your retina and laser scans of your eyes using state-of-the-art ocular coherence tomography for first time patients.
- 50% OFF all brands of eyeglass frames or lenses (the lesser of the two) when you make a complete eyeglass purchase
- 30% OFF all sunglasses with no brand or style restrictions.
- 20% OFF contact lens fitting fees

MSBCA COMMITTEE MEMBERS

2018/2019

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YOUR BOARD OF DIRECTORS



Left to Right: Blair, Charanjeet, Jonathan, Helen, Yenson, Agnes
Missing: Adrine Chong



Kids' Coding Fun Class

- \$99 (10 Saturdays)
- Text-based Coding, Python, Javascript
- Grade 4+, Small Class Size

visit: www.mathpro.ca/coding

ADVERTISE WITH US!

SMALL: \$15/month (2.25" X 3.0")

MEDIUM: \$30/month (5.0" X 3.0")

BANNER: \$45/month (7.75" X 2.75")

HALF PAGE: \$50/month (7.75" X 5.0")

CONTACT: editor@msbca.ca

MSBCA ANNUAL CHINESE NEW YEAR CELEBRATION

MSBCA Annual Chinese New Year celebration is back with traditional performances, food, and a host of festivities

Saturday, February 9th, 2019

6:30 PM to 9:30 PM (door opens at 5:45 PM)

Regency Palace Seafood Restaurant

328 Centre St S, Calgary, AB T2G 4X6

Last day to purchase is Saturday, February 2nd, 2019 at 9:00 PM

Member's Ticket Price:

- **Adult (20-64) - \$42**
- **Senior (65+) - \$32**
- **Teenager (13-19) - \$27**
- **Child (5-12) - \$11**
- **Toddler (under 5) free**

Non-Member's Ticket Price:

- **Adult (20 - 64) - \$47**
- **Senior (65+) - \$37**
- **Teenager (13 - 19) - \$32**
- **Child (5 - 12) - \$16**
- **Toddler (under 5) free**

Please note:

If you would like to take advantage of the member's pricing for the cost of the dinner and for other MSBCA events throughout the year, we encourage you to become a member **TODAY!** It is \$15 per person and \$25 per household, per year. Affordable and Fabulous Deal for the **WHOLE YEAR!**

Should you choose to mail a cheque to cover the cost of the ticket(s) and/or membership, we ask that you allow 7 business days for the snail mail, so we would receive your payments before February 2nd, 2019.

If you wish to sit together with friends and family, we request that you submit their full names at the time of your ticket purchase. There is a limit of 10 people per table. .

FOR MORE INFORMATION email sesecretary@msbca.ca

INCREDIBLE EVENT PLANNING OPPORTUNITY

Plans are underway to celebrate the most important holiday and one of the world's most celebrated festival, bringing family and friends together for connection, feasting, and fun.

We want to keep the ball rolling, so we invite you to help shape our Chinese New Year festival by giving some of your time where tasks and focused area would be assigned.

Contact secretary@msbca.ca TODAY!

WHAT'S ON AT THE CLUBHOUSE

The clubhouse will be opened where activities are listed. However, registration is required for all activities and to ensure that we have a spot for you, we ask that you register or send your enquiries to the events coordinator.

We have traditional carrom and table tennis available for public use and if you would like to share a special cultural activity, hobby, art, or cooking, we welcome you to get in touch with our events coordinator at events@msbca.ca. *View full event calendar at www.msbca.ca/events-calendar*

JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2 1:30pm - Qigong - 1:30pm - Qigong -	3 10am - Tai Chi - 6pm - Riverfront	4 1pm - Karaoke - 4pm - Singing	5 10am - Joy of 1pm - Dance
6 10am - Dance	7 1:30pm - Qigong - 5:30pm - Mind	8 7pm - Dance	9 1:30pm - Qigong - 6:30pm - Board	10 10am - Tai Chi - 1:30pm - Advance 6pm - Riverfront	11 1pm - Karaoke- 4pm - Singing	12 10am - Joy of 1pm - Dance 5:30pm - Coordinator
13 7am - Janitor	14 1:30pm - QiGong - 5:30pm - Mind	15 7pm - Dance	16 1:30pm - Qigong -	17 10am - Tai Chi - 1:30pm - Advance 6pm - Riverfront	18 1pm - Karaoke - 4pm - Singing	19 10am - Joy of 1pm - Dance
20 10am - Dance	21 1:30pm - QiGong - 5:30pm - Mind	22 7pm - Dance	23 1:30pm - Qigong - 6pm - APN - Shared	24 10am - Tai Chi - 1:30pm - Advance 6pm - Riverfront	25 1pm - Karaoke - 4pm - Singing	26 10am - Joy of 1pm - Dance 4pm - MM- Lita
27 10am - Dance 6:30pm - Dance	28 1:30pm - QiGong - 5:30pm - Mind	29 7pm - Dance	30 1:30pm - Qigong - 5:30pm - Shared	31 10am - Tai Chi - 1:30pm - Advance 6pm - Riverfront	1	2



MEMBERSHIP

Join or Renew

TODAY

Family

Memberships

\$25/year

Individual /

Single parent

family

\$15/year

www.msbca.ca/membership/

MSB COMMUNITY

Feel like hanging out? Come check out Community Events @ the MSBCA Clubhouse.

Upcoming Events

January 2019

26th Mari Memasak

February 2019

2nd Food Moments

9th Chinese New Year Dinner

23rd Mari Memasak

March 2018

2nd Food Moments

31st Sunday Lunch

MARI MEMASAK

Mari Memasak is Malay for
"LET'S COOK!"

Cuisine is an underrated way of
sharing our hearts and culture.

Saturday,
January 26th at 4PM

LIMITED SPACE.

Please register to participate.
Call Adeline (403) 383-1689

We welcome volunteers
who are interested to help.



Seniors interested in Badminton?

Tues, Thurs & Fri - 9 am to 3:30 pm

\$3.50 only for Age 60 and above!
MSBCA members & non-members are
welcome. The more the merrier.

Please contact Ivan Teo
ivanteo@shaw.ca or 587-432-7955.

MSB COMMUNITY



MSBCA KITCHEN PRESENTS

FOOD MOMENTS

Sauté, simmer and stir your way to our brand-new monthly cooking class

Enhance your skills, savor the food, enjoy the socialization. Novice to Pro. Interactive. Hands On. Diverse types of ethnic foods, e.g. Malaysian, Singaporean, Bruneian, Chinese, Thai, Mexican, Italian, Greek, French, and from appetizers to desserts. Themes to match foods and entertaining activities based on seasons. Array of instructors, from MSBCA members to special guests.

When: 1st Saturday of every month, beginning February 2nd, 2019

Time: 3:00 PM – 6:00 PM | Where: MSBCA Clubhouse

Cost: \$16 for members; \$18 for non-members

February Theme: “Cooking without Recipes”

Instructors: MSBCA Kitchen Coordinator, Sandy Chan and Secretary, Agnes Hobmaier

Come as you are. Sample all the foods prepared. Have a fun night. Make new friends!

Register online at: www.msbca.ca | Registration deadline: January 27th, 2019

FOR MORE INFORMATION email secretary@msbca.ca

MSBCA would like to thank Edward Lee and Sunridge Badminton Center for their continued sponsorship.

Sunridge Badminton Centre

401 33 St NE #4, Calgary, AB T2A 7R3
www.sunridgebadminton.com



Canada's largest privately owned badminton facility with 16 professional courts. Located in Calgary, AB

Call Edward Lee for details and bookings (403) 263-9222



Qigong

Every Monday &
Wednesday

1:30PM - 3:30PM

Contact events@msbca.ca

Tai Chi Practice

Thursdays 10am - 12pm

Drop-in session for those interested in practicing.

Contact events@msbca.ca

DANCE BOOTCAMP

Sunday, January 6th,
20th & 27th at 10AM

Like to learn about Malaysian ethnic dances such as Bajau and Ngajat? Join us for a day of fitness.

Contact adrine@msbca.ca

JOY OF DANCING

Every Saturday from 10am to 12 pm

Lead by Adrine Chong

First day of class: Jan 5, 2019

A low impact, recreational dance class that caters all ages. We dance to a variety of music, using cha cha, mambo plus many more steps and movement.

Contact Adrine at adrine@msbca.ca to register.



Singing Program

FRIDAYS
4pm - 7pm

Contact events@msbca.ca

KARAOKE

Contact events@msbca.ca

Recruiting New Dancers

If you like to dance and perform cultural dances, come join us every Tuesday night at 7pm.

Contact Adrine Chong - adrine@msbca.ca

MSB SPORTS

Upcoming sports events. Register online at www.msbc.ca/events-calendar or email yenson@msbca.ca



PING PONG TOURNAMENT

Date: Feb 24 and Mar 3 2019 | Time: 2pm
Venue: clubhouse
Cost: \$5 for member, \$10 for non-member
Register by: February 17, 2019 and February 24, 2019
Capacity: max limit 20 people

Been wanting to show off that new skill you have been practicing all winter? Sign up now for the MSBCA Ping Pong Competition! All games will be played in singles format.

This is a social event, family or those who are not participating in the competition are welcomed.

- Bring your own racquet, ball provided
- Light snacks and drinks provided
- Medals awarded for top 3 finishes



BADMINTON FAMILY DAY

Date: Apr 20 2019 | Time: 2pm
Venue: Smashcity Calgary
Cost: \$12 for member, \$15 for non-member
Register by: April 13, 2019
Capacity: max limit 20 people

Don't miss out a day of badminton at Smashcity Badminton Centre. Whether you are beginner or an advanced player, we will pair you up with the right skill level for the ultimate fun and experience! Family and kids are welcomed. Bring your own racquet, ball provided.



STAIRS OF EAU CLAIRE

Date: May 5 2019 | Time: 10am
Venue: meet at the clubhouse
Cost: free for member, \$5 for non-member
Register by: April 28, 2019
Capacity: no limit

Are you training for a race this year or, just ever wonder how many flight of stairs you can climb in half an hour? We will be meeting up at the clubhouse and make our way to the wooden stairs at the Eau Claire Prince Island. We will be doing loops up and down the stairs for as many times as time permits. There is also a walk path around the stairs for those who want take a stroll instead.



MSBCA BIKE RIDE

Date: Aug 10 2019 | Time: 9am
Venue: TBD
Cost: \$5 for member, \$10 for non-member
Register by: July 6, 2019
Capacity: no limit

Whether you are a 5 year old or a 30 years experienced rider, come out and enjoy the summer weather, join us at the MSBCA bike ride event. There will be a 20km route for the kids and family friendly crowd and a 60km route which caters for the adrenaline seeking weekend warriors.

SUNDAY CULINARY ART LUNCH EVENT

SAVE THE DATES FOR 2019



March 31

Kway Teow Th'ng (Soup)
By Team Jill



April 28

Singapore Laksa
By Team Adeline



May 26

Penang Char Kway Teow
By Team Ah Hock



June 30

Penang Laksa
By Team Sandy



July 28

Curry Laksa
By Team Morley



August 31 (Saturday)

KOPITIAM
2019

*Limited Servings - more details to come.
Please note that the proposed menu is subject to change*

*Complimentary Chinese tea
Call or text Ah Hock at 403-880-8885 for more information.*

We Aim for Quality!

Christmas Party 2018

Thank you to everyone that showed up to the Christmas party at MSBCA clubhouse. It was an honour to be the MC for the evening. I had a fantastic time, and it was great to see everyone.

The party had a mix of fun, frolic, games, and singing. The huge buffet of a delicious spread of appetizers, casseroles, and desserts was a treat.

Our dear children showcased their creativity by decorating their Christmas trees and their

gingerbread houses, which was a delight to witness. It was so fun to watch them decorate and play games with abandon, the pure joy of just watching them be kids and it reminded me of the times when my 4 children were young.

A Vote of Thanks to our fabulous event coordinator, Helen Ong, our VP for Malaysia for everything that went into making the Christmas party, and **ALL SUPPORTING MEMBERS, who made the party a success...**

I look forward to seeing new faces and all of you again at our 2019 Christmas party. Let's celebrate, foster connection, and cultivate new relationships!

Agnes Hobmaier (Goh)
Secretary

*Photos by William Tan
More photos on msbca.ca*



MARI MEMASAK 10TH ANNIVERSARY AND CHRISTMAS CELEBRATION NYONYA STYLE



Story by Lita Chan
Photos by Peter Chai

Mari Memasak celebrated its 10th anniversary and Christmas on December 15, 2018 at the MSBCA Clubhouse. It was a sold out event with about 50 attendees.

It was wonderful to see the ladies decked out in their embroidered kebayas and the men looking dashing in their batik shirts. The tables were beautifully covered in batik tablecloths with a Christmas centerpiece placed on a banana leaf platter.

The appetizer was kuih pie tee with ingredients made from scratch including

the shells. Our main dish was chicken rending, blue rice coloured with butterfly pea flower, peanuts and keropok. Dessert was an assortment of nyonya kuih - kuih lapis, kuih kosui and gula melaka agar agar. We also had a special treat after dinner to cleanse the palate - traditional Teh Tarik. A jug of bandung was available at each table. Bandung is a popular and refreshing drink in Malaysia, Singapore and Brunei made with evaporated milk, rose water and cream soda. Every item on the menu was delicious and authentic.

The whole evening was filled with entertainment. A silly photo booth was

set up with some really hilarious props and many great photos were taken! Diane Lindsay sang beautiful carols throughout the evening and surprised us with a wonderful rendition of Teresa Teng's Tian Mi Mi in mandarin. We played some games, sang some carols, and then Linda Platon patiently showed us basic line dancing. It was good to get up and move around after a sumptuous meal.

We sang happy birthday when the birthday cake was brought out. After a few speeches about the history of Mari Memasak and more dancing, we wrapped up the evening.



Thank you to the many volunteers who worked behind the scenes to make this event a huge success. Peter Chai for giving us lasting memories in the photos, Lian Tan for emceeing and last but not least Adeline Chan and her team for the countless hours spent in the preparation of our authentic nyonya meal and the bake sale. Special thanks go out Diane and Linda who led us in singing and dancing the night away. Our collage of photos says a thousand words – a great time was had by all!

More photos on msbca.ca



Scholastic Award Application

Submission Deadline: January 12, 2019

MSBCA would like to award our 2018 graduates at our upcoming Chinese Lunar New Year 2019 celebration. Members are eligible to apply for the scholarship award for their children provided they meet the following conditions:

- The student must be a child of a member in good standing and the membership must have been effective during 2017 & 2018.
- The student or parent(s) must have volunteered in **at least one MSBCA activity** in the preceding two years.
- The student must have at least one of the four core subjects (Mathematics, Science, Social Studies and Language Arts) in the final report card.
- The student must be present to receive the award. If it is not possible, the committee will consider it as a per case basis.
- Please submit the **STUDENT'S TRANSCRIPT** along with the application.

	Grade 6	Grade 9	Grade 12
Regular	\$50	\$75	\$100

Student's Last Name	First Name	Phone	Cell	Email
Street Address		City/Province		Postal Code
School Attended in 2018		Grade Completed in 2018		
Grade Level Core Subjects Marks				
English (LA) _____ Math _____ Science _____ Social Studies _____ <small>All courses and marks must be at the graduating grade level. For Grade 12, it must be at Level 30 marks. Gr 12 Science may be any Level 30 Physics, Chemistry, Biology.</small>				
Parent's Last Name	First Name	Phone	Cell	Email
Membership Since				
Parent's Street Address		City/Province		Postal Code
List at least one MSBCA activity that the student or parent(s) has volunteered in the preceding two years <div style="border: 1px solid black; height: 40px; width: 100%;"></div>				